

Music in a child's life has many benefits. Some even claim that early exposure to classical music for very young children (even before they are born) helps them to become more intelligent, the so-called 'Mozart Effect'. The claims are unsubstantiated¹, but there is no question that classical music is soothing to the soul.

They may not become musical prodigies, but exposing your children to songs and nursery rhymes from a young age will give them a feel for rhythm and language, and encourage them to appreciate the beauty of music as they grow.

At school, children who learn musical instruments are generally more successful and perform better in tests. It may be that learning music also helps children to develop their reasoning skills, learn about problem-solving and decision-making. It can also be great for confidence-building and is a valuable experience which helps to broaden their understanding and appreciation of the world around them.

Obviously, there are costs and commitments involved with teaching a child a musical instrument. But, if you ask me, it's one of the most precious gifts you can offer a child and one which he or she will appreciate for a lifetime.



¹ not proved to be true by evidence